

## UR040000 - UR042006 **Nelaton Catheters**

# i INSTRUCTION FOR USE

## **DESCRIPTION**

m|devices Nelaton Catheters are available in a variety of lengths;

- Paediatric 30cm
- Female 20cm
- Male 40cm

Intended for intermittent bladder catheterisation. These catheters offer a perfectly finished closed distal end for smooth insertion. The bilateral eyelets allow for efficient drainage and have a funnel shaped colour coded connector at the proximal end.

The addition of a blue coloured holding sleeve assists to maintain sterility during insertion.

FOR USE BY AN ADEQUATELY TRAINED USER. THE BELOW IS ONLY A SUGGESTION AND THE USER SHOULD BE THOROUGHLY EDUCATED PRIOR TO ATTEMPTING TO SELF CATHETERISE AND BE AWARE OF INFECTION CONTROL PRINCIPLES.

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- · Single use.
- DO NOT re-sterilise.
- DO NOT store at extreme temperatures and humidity, avoid direct sunlight.
- . STERILE (EO), DO NOT use if the package or product has been damaged or contaminated.
- . EU Notice: any serious incident that has occurred in relation to the device should be reported to the manufacture and the competent authority of the Member State in which the user and /or patient is established.

## **STEPS**

- 1. Perform hand hygiene.
- 2. Cleanse urethral area as per education protocol.
- 3. Using aseptic technique, peel packaging open 2-4cm to expose the catheter funnel. Holding only the catheter funnel, slowly remove the nelaton approximately 1/3 of its length from the packaging, taking care not to contaminate.
- 4. Grasp the blue holding sleeve and gently slide it over the nelaton catheter whilst simultaneously removing the remaining length of the nelaton from the packaging.
- 5. Apply sterile water-based lubricant 2.5cm from the distal tip.
- 6. Position the blue holding sleeve to the desired location on the catheter to assist with inserting the nelaton catheter gently into the urethral passage into the bladder, sliding the holding sleeve back towards the funnel end as the catheter advances until urine starts to flow. Urine can be drained directly into the toilet or into an alternative receptacle.
- 7. When the bladder is empty, slowly remove the nelaton catheter and place the used catheter back into the empty packaging for disposal.
- 8. Perform hand hygiene.

## **PRECAUTION**

• Maintaining aseptic technique during insertion is crucial. If the catheter becomes contaminated, discard and commence procedure using a new catheter.



## mldevices

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